

Snohomish County Seniors

Clinical trial seeking participants with chronic TED

(BPT) - Imagine living for years, sometimes decades, with debilitating eye symptoms that not only affect your day-to-day activities, but often get written off or misdiagnosed by doctors. This is the unfortunate reality for many people living with a rare autoimmune condition called Thyroid Eye Disease (TED).

With TED, the immune system mistakenly attacks the muscle and fat tissue behind the eyes, causing inflammation and scar tissue to form. This can lead to bothersome and incapacitating eye symptoms like pain and bulging, double vision, red-

ness and irritation and more. TED is commonly experienced in two phases: the acute or active phase, when symptoms come on suddenly and may get worse quickly, followed by the chronic or inactive phase 1-3 years later, when symptoms feel more stable and less changing. But despite periods of stability, TED and its symptoms may never fully go away. As is common with autoimmune conditions, TED symptoms can flare, or come back, at any point, even in the chronic phase.

Treatment for TED
Until recently, steroids and invasive surgery were the

standard of care for treating TED. Fortunately, additional options have become available to help treat TED, leading to a reduction in many symptoms, including eye bulging and double vision - but more research is needed for people who have had TED for longer than two years.

Chronic TED Study
Researchers are looking for more patients to participate in a trial to assess the safety and benefits of teprotumumab-trbw, an already FDA-approved treatment, in people with chronic (inactive) TED. Clinical trials, also known as research studies, help researchers determine how safe

and effective treatments are for certain diseases.

If you live with TED, ask

your doctor about enrolling in a clinical trial. To learn more about the study, and to

see if you may qualify to participate, visit www.ChronicTEDStudy.com.

New Elder Abuse Support Group in County

Domestic Violence Services of Snohomish County (DVS) and Homage Senior Services are offering a free, confidential Elder Abuse Support Group every other Monday (next meeting Monday, May 9) from 11:30 a.m. to 1 p.m. in-person or via Zoom.

The Elder Abuse Support group, for those 60 years or older who have experienced or are experiencing elder abuse, can help decrease iso-

lation, offer an opportunity to share experiences, and be a place to problem solve with others in similar situations.

For meeting location, Zoom link or more information, please contact Michelle, Elder Abuse Advocate with DVS, at 425-678-8862 or michelleb@dvs-snoco.org and Jennifer, Intensive Case Management Specialist with Homage, at 425-355-1118 or jtaylor@homage.org.

One in 10 older Americans experience some form of elder abuse. Examples of elder abuse include physical abuse, neglect, financial exploitation, psychological abuse, and rights violations. If you are concerned that you may be in an abusive relationship, or are worried about the relationship of a loved one, please contact the DVS 24-hour support line at 425-25-ABUSE or 425-252-2873.

Briefs

Craft and Vendor Fair

The Spring Craft and Vendor Fair will be held Saturday, May 7 from 9 a.m. to 2 p.m. at the Monroe Community Senior Center, 276 Sky River Parkway in Monroe.

There will be gifts, crafts, plants from the Monroe Garden Club, homemade décor, fashion, jewelry and much more! Free parking and free admission!

Dance and Dessert

The Snohomish Senior Center will host an American Bandstand themed dance on Friday, May 13.

DJ Michael Duncan will feature hits from the 50s through the 80s. Join the fun from 6-9 p.m. Make it even more fun by dressing in your favorite music era style!

Admission is \$10, desserts and beverages will be available for purchase. Sign up in advance at the front desk or pay at the event.

The Center is located at 506 Fourth St. in Snohomish. 360-568-0934.

Near Death Experience Support Group

Meet others who've experienced a near-death experience. Gather to freely and openly have candid discussions about your experience, concerns and needs, without fear, in a space that's support-

ive. Share in the profundity of these life-altering events that change and transform our lives forever. Individuals interested in near death experiences are also welcome.

This group meets the first and third Fridays of the month at 10 a.m. at the Monroe Community Senior Center, 276 Sky River Parkway in Monroe.

Foot Clinic

Julie Grimm provides foot clinic appointments which include having your feet soaked, light massage, nails clipped, and bunions filed. No diabetics.

Clinics will be May 23 and 27, June 3, 10 and 24 from 10 a.m. to 1 p.m. at the Snohomish Senior Center, 506 Fourth St. in Snohomish. \$23 members, \$26 non-members 360-568-0934.

Please bring a towel for your appointment.

Chair Massage

Chair massage with Kathleen Sutton is available on Thursdays from 10 a.m. to 12:20 p.m. at the Snohomish Senior Center, 506 Fourth St. in Snohomish. 15 minute massages are \$15 members/\$18 non-members. Sign up for a relaxing appointment at the front desk; drop-ins are accepted based on availability.

Yarn shop tour

Visit The Knifty Knitter in

Issaquah, Tolt Yarn in Carnation and then Quintessential Knits in Duvall May 11. Stop for lunch in between shops. Bus leaves Monroe Community Senior Center, 276 Sky River Parkway in Monroe, at 9:30 a.m. \$25 members, \$32 guests. 360-794-6359.

Community Breakfast

Everyone is welcome to the Community Breakfast at the Snohomish Senior Center Saturday, May 7 from 8:30-10:30 a.m. Menu includes pancakes or French toast, scrambled eggs, sausage link, biscuits and gravy, juice and coffee... all for only a \$7 donation!

The Center is located at 506 Fourth St. in Snohomish.

Bingo Bash

The Snohomish Senior Center will host their Bingo Bash May 7. Doors open at 4 p.m.; Early Bird at 5:15 p.m.; first game at 5:30 p.m. The cafe will be open! The Center is located at 506 Fourth St. in Snohomish.

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