

HIGH SCHOOL BASKETBALL PREVIEW

Teams aiming high this year

By **NATHAN WHALEN**
contributing writer

Coinciding with the start of the holiday season is the start of basketball season. Head coaches of boys and girls basketball teams in Snohomish, Glacier Peak, and Monroe share their thoughts on their teams and the coming season.

Snohomish Boys

The Panthers are returning eight seniors from last season's team, four of whom were starters, head coach Jeff Larson said.

The team will be looking to senior Drew Davis, who is a three-year starter and second team all-Wesco, and senior Jason Roth, who is also a three-year starter and honorable mention All-Wesco last season as key players, Larson said.

"We're leaning on them to be consistent and be another coach on the floor," Larson said. "We need them to be consistent and steady."

He said the team is simply focusing on winning their first game, which is Nov. 29 at Kamiak.

The Panthers' first home game isn't until Dec. 15 against Shorewood, which is also Snohomish's senior night.

Larson said it'll be good for the team to play a lot of road games early in the season. Most of their games at the end of the season will be at home.

Girls

The Panthers girls basketball team is returning four players who were starters, head coach Ken Roberts said.

Last year's team saw them almost qualify for State but fell short losing in a loser-out game in last season's district tournament.

Seven players on the current squad started games last season, Roberts said. They will benefit from the presence of junior Tyler Gildersleeve-Stiles, sophomore Sienna Capelli and senior Addyson Gallatin, who started as a freshman and sophomore but spent last season in Montana.

"We hope to do better than last year," Roberts said. He hopes to see a physical team that has good rebounding and plays defense.

"We really want to get the ball into the post," Roberts said, adding it will help control tempo and how they score.

Glacier Peak Boys

After taking a one-year sabbatical, Brian Hunter is returning as head coach of Glacier Peak's boys basketball team.

"I think we have some kids who are exciting and doing the things we're asking them to," Hunter said. He coached Glacier Peak for 14 seasons prior to his sabbatical.

Junior Jo Lee was first team all-Wesco as a sophomore



Tim Stiles file photo

Snohomish Panther Jason Roth goes for a lay up during a game during last season. He and Drew Davis will be returning as fourth-year starters.

and has been a starter since his freshman year. "He's a good shooter and knows how to play the game. He just does a lot of good things on the court," Hunter said.

Senior Sam Waldow, who plays wing, is a good shooter and hard worker. "He's one of those guys who understands how we want to play," Hunter said.

Last season marked the first time in school history Glacier Peak didn't qualify for the district tournament, Hunter said. Glacier Peak has competed at state 10 of the last 12 seasons.

The Grizzlies have a challenging start to the season when they travel south to play Battle Ground Dec. 1 and Skyview (Vancouver) Dec. 2. Hunter said they are two of the top 10 schools in the state.

"It'll be a great test for us," Hunter said.

Glacier Peak starts its season Nov. 29 hosting Tenison Woods College, which is a team from Australia.

Girls

After losing around three quarters of their scoring from last year's squad, Glacier Peak's girls basketball team is looking to develop players during the season.

"We're kind of a rebuild team this year," head coach Brian Hill said.

Key players for Glacier Peak include point guard sophomore Zoey Ritter who averaged five-to-six points a game last year. "She'll have a bigger role this year," Hill said.

Senior Marley Macris will play post and junior Rikki Miller is a three-point shooter who plays wing, guard and the post, Hill said.

Story continues on next page

SCHEDULES

SNOHOMISH

Boys Schedule

- | | |
|---------------------------------|---------------------------------|
| Nov. 29 @ Kamiak | Jan. 2 @ Edmonds Woodway |
| Dec. 1 @ Oak Harbor | Jan. 5 vs. Mountlake Terrace |
| Dec. 5 @ Everett | Jan. 9 @ Shorecrest |
| Dec. 8 @ Arlington at 5:40 p.m. | Jan. 11 vs. Stanwood |
| Dec. 13 @ Monroe | Jan. 15 vs. Marysville-Pilchuck |
| Dec. 15 vs. Shorewood | Jan. 19 vs. Archbishop Murphy |
| Dec. 16 vs. Lake Stevens | Jan. 23 vs. Cascade |
| Dec. 19 @ M'ville-Getchell | Jan. 24 @ Cedarcrest |
| Dec. 21 vs. Juanita | Jan. 30 vs. Meadowdale |
| Dec. 22 @ Glacier Peak | Feb. 2 @ Lynnwood |

Girls Schedule

- | | |
|-------------------------------------|-------------------------------|
| Nov. 30 vs. Issaquah | Jan. 4 @ Mountlake Terrace |
| Dec. 5 vs. Everett | Jan. 9 vs. Shorecrest |
| Dec. 8 @ Arlington | Jan. 11 @ Stanwood |
| Dec. 11 vs. Monroe | Jan. 17 vs. Lake Stevens |
| Dec. 14 @ Shorewood | Jan. 19 vs. Archbishop Murphy |
| Dec. 18 @ M'ville-Getchell | Jan. 25 vs. Cedarcrest |
| Dec. 22 @ Glacier Peak at 5:30 p.m. | Jan. 27 @ King's |
| Dec. 28 vs. Olympia at 6:30 p.m. | Jan. 21 @ Meadowdale |
| Jan. 2 vs. Edmonds Woodway | Feb. 2 vs. Lynnwood |



Tipoff on all games is 7:15 p.m. unless otherwise noted

GLACIER PEAK

Boys Schedule

- | | |
|----------------------------------|----------------------------------|
| Nov. 29 vs. Tenison Woods | Jan. 5 vs. Lake Stevens |
| Dec. 1 @ Battle Ground 7 p.m. | Jan. 10 @ Jackson |
| Dec. 2 @ Skyview at 3 p.m. | Jan. 12 @ Mariner |
| Dec. 7 @ Bothell at 7 p.m. | Jan. 15 vs. Lincoln at 4:45 p.m. |
| Dec. 15 @ Ferndale | Jan. 17 @ Kamiak |
| Dec. 18 vs. Shorecrest | Jan. 19 @ Mercer Island |
| Dec. 21 vs. Ingraham | Jan. 25 @ Lake Stevens |
| Dec. 22 vs. Snohomish | Jan. 29 vs. Mariner |
| Dec. 28 @ Kentridge at 2:30 p.m. | Feb. 1 vs. Kamiak |

Girls Schedule

- | | |
|--------------------------------------|----------------------------------|
| Nov. 29 vs. Tenison Woods 5:40 p.m. | Jan. 9 vs. Jackson |
| Dec. 1 @ Central Valley at 5:30 p.m. | Jan. 12 @ Mariner at 5:40 p.m. |
| Dec. 2 @ Lewis & Clark at 12:30 p.m. | Jan. 15 vs. Lincoln at 3 p.m. |
| Dec. 12 @ Edmonds Woodway | Jan. 17 vs. Kamiak |
| Dec. 19 vs. Enumclaw | Jan. 23 vs. Lake Stevens |
| Dec. 20 @ Everett | Jan. 25 @ Jackson |
| Dec. 22 vs. Snohomish at 5:30 p.m. | Jan. 29 vs. Mariner at 5:40 p.m. |
| Jan. 2 vs. Meadowdale | Jan. 31 @ Kamiak |
| Jan. 4 @ Lake Stevens | |



Tipoff on all games is 7:15 p.m. unless otherwise noted

GOOD LUCK TEAMS! WE SUPPORT YOU!



**Powder Coating,
Inc. & Sandblasting
Mukilteo
425-743-4393**



**Smiley's
Pro Lube
Monroe
(360) 794-9096**



**Washington
Federal
Snohomish
(360) 568-1522**



**Ixtapa Mexican
Restaurant
Snohomish
(360) 568-4522**



**Mukilteo Smiles
Stacey C Sype,
DDS, PLLC
(425) 438-2400**



**ONB Automotive
Repair
3002 Grand Ave.
Everett
425-317-9618**

HIGH SCHOOL BASKETBALL PREVIEW

MONROE

Boys Schedule

Dec. 2 @ Cedar Park Christian at 7 p.m.	Jan. 6 @ Stanwood at 5 p.m.
Dec. 5 @ Meadowdale	Jan. 8 @ Marysville-Pilchuck
Dec. 7 vs. Lynnwood	Jan. 12 vs. Mountlake Terrace
Dec. 13 vs. Snohomish	Jan. 13 @ Newport at 2 p.m.
Dec. 16 @ Cedarcrest	Jan. 16 vs. Shorecrest
Dec. 18 @ Cascade	Jan. 18 @ Edmonds Woodway
Dec. 20 vs. Cheney at 1:30 p.m.	Jan. 22 vs. Marysville-Getchell
Dec. 21 @ Mead at 1:30 p.m.	Jan. 25 @ Shorewood
Dec. 22 @ Eastmont 2:30 p.m.	Jan. 29 vs. Everett
Jan. 2 @ Archbishop Murphy	Feb. 1 @ Arlington

Girls Schedule

Nov. 30 @ North Creek	Jan. 4 vs. Archbishop Murphy
Dec. 2 vs. Foster at 5 p.m.	Jan. 6 @ Stanwood at 3 p.m.
Dec. 5 vs. Meadowdale	Jan. 10 vs. Marysville Pilchuck
Dec. 7 @ Lynnwood	Jan. 12 vs. Mtlake Terr 5:40 p.m.
Dec. 9 vs. Mariner at 5 p.m.	Jan. 17 @ Shorecrest
Dec. 11 @ Snohomish	Jan. 19 vs. Edmonds Woodway
Dec. 16 @ Cedarcrest at 5:40 p.m.	Jan. 23 @ Marysville-Getchell
Dec. 19 vs. Cascade	Jan. 25 vs. Shorewood
Dec. 21 vs. Lincoln at 5 p.m.	Jan. 29 @ Everett
	Feb. 1 vs. Arlington



Tipoff on all games is 7:15 p.m. unless otherwise noted

Continued from page 6

Hill also highlighted the defensive efforts of sophomore Dylan Gordan and senior Kate Fowler will provide leadership to the team. Freshman Sydney Morrisette has been working hard and getting better.

“New people will step up and that’s what’s exciting about the game,” Hill said.

The teams will be quick on defense and “offensively we’re just going to grind it out, be fundamentally sound, and just do the best that we can,” Hill said.

He noted the Grizzlies have a tough nonconference schedule, which started Tuesday, Nov. 28 when they hosted Bothell in the home opener.

Monroe

Boys

Monroe’s boys basketball

team will see new faces in the starting lineup as the Bearcats are returning zero starters.

“Overall, we’re a pretty young team. We have potential and skill,” head coach Justin Prohn said.

The Bearcats will benefit from senior Noah Giaconi, who is quick, versatile and always able to get to the basket. Sophomore Caleb Campbell is a post player who’s a great athlete, and sophomore Wyatt Prohn is a good shooter, Prohn said.

Monroe’s junior varsity and C teams had a good season last school year. Junior Kieren Greear played junior varsity last year. “He plays really hard every minute he can,” Prohn said.

Their first game takes place Dec. 2 at Cedar Park Christian, and their first home game takes place Dec. 7 host-

ing Lynnwood.

“Wesco is extremely difficult this year, so I don’t know what to expect from my young guys,” Prohn said. “I think we have some skill there. It’ll be interesting to see how our season goes.”

Girls

Tyson Horner is the new head coach of Monroe’s girls basketball team.

“I was excited when they asked me to do it. We’re young, but we’re hungry,” Horner said. He added the team had a great off-season attending a camp at Western Washington University and competing in a few local tournaments.

The Bearcats have a mix of sophomores and juniors on varsity, but don’t have any seniors on the squad.

Twins Halle and Hope Keller, both juniors, are athletic and aggressive guards and sophomore Mya Mercille set the school record for most three-pointers in a season. Monroe has another set of twins on the team – juniors Mya and Katelyn Paxton.

“We’ll be using our speed and athleticism to get up and down the court,” Horner said.

It’s difficult to say what he expects for the season. Because the team is young, “I see it as an opportunity to build something special for the next two years.”

Monroe kicked off its season Nov. 28 hosting Oak Harbor. Horner said the team is taking things one game at a time.

“How can we get a little bit better as a program every day,” Horner said.

CASCADE

Boys Schedule

Nov. 30 vs. Highline	Jan. 8 @ Cedarcrest
Dec. 5 vs. Archbishop Murphy	Jan. 12 vs. Arlington
Dec. 7 @ Stanwood	Jan. 17 @ Shorewood
Dec. 12 @ Marysville-Getchell	Jan. 19 @ Everett
Dec. 15 @ Marysville-Pilchuck	Jan. 23 @ Snohomish
Dec. 18 vs. Monroe	Jan. 25 vs. Shorecrest
Dec. 21 vs. Kamiak	Jan. 29 @ Edm.-Woodway
Dec. 28 @ Ferndale	Feb. 2 vs. Mountlake Terrace
Jan. 2 vs. Meadowdale	Feb. 2 vs. Jackson
Jan. 6 @ Lynnwood at 3 p.m.	

Girls Schedule

Nov. 29 vs. Sedro Woolley	Jan. 10 vs. Cedarcrest
Dec. 1 vs. Cedar Park Christian	Jan. 15 vs. Shorewood
Dec. 2 vs. Cleveland at 4:30 p.m.	Jan. 22 vs. Mariner
Dec. 7 @ Blaine	Jan. 25 @ Shorecrest
Dec. 12 vs. Marysville-Getchell	Jan. 29 vs. Edm.-Woodway
Dec. 16 @ Monroe	Feb. 1 @ Mountlake Terrace
Jan. 3 vs. Tye	



Tipoff on all games is 7:15 p.m. unless otherwise noted

EVERETT

Boys Schedule

Nov. 29 vs. Seattle Prep.	Jan. 8 @ Stanwood
Dec. 1 vs. Mt. Vernon	Jan. 11 vs. Shorecrest
Dec. 5 vs. Snohomish	Jan. 16 vs. Mountlake Terrace
Dec. 8 @ Cedarcrest	Jan. 19 vs. Cascade
Dec. 11 @ Kamiak	Jan. 23 vs. Arch. Murphy
Dec. 13 @ Meadowdale	Jan. 26 vs. Arlington 5:40 p.m.
Dec. 15 vs. Lynnwood	Jan. 29 @ Monroe
Dec. 19 @ Edmonds Woodway	Feb. 1 vs. Shorewood
Jan. 2 vs. Marysville-Getchell	
Jan. 4 @ Marysville Pilchuck	

Girls Schedule

Dec. 2 vs. Woodinville at 2 p.m.	Jan. 9 vs. Stanwood
Dec. 5 @ Snohomish	Jan. 11 @ Shorecrest
Dec. 7 @ Cedarcrest	Jan. 15 @ Mountlake Terr.
Dec. 12 vs. Meadowdale	Jan. 19 @ Renton
Dec. 14 @ Lynnwood	Jan. 22 vs. Lake Washington
Dec. 18 vs. Edmonds Woodway	Jan. 24 @ Archbishop Murphy
Dec. 20 vs. Glacier Peak	Jan. 26 vs. Arlington
Dec. 29 @ West Seattle 2:45 p.m.	Jan. 29 vs. Monroe
Jan. 2 @ Marysville-Getchell	Feb. 1 @ Shorewood
Jan. 4 @ Marysville-Pilchuck	



Tipoff on all games is 7:15 p.m. unless otherwise noted



Tim Stiles file photo

Mae Washington, who’ll be returning as a senior, shoots for a three-pointer during a State 3A game last year.

GOOD LUCK TEAMS! WE SUPPORT YOU!

**Metal Tech
Monroe
(360) 794-1945**

**Washington
Federal Bank
Monroe
360-794-8686**

**Whitfield’s
Auto Licensing
Monroe
(360) 794-5678**

**Meridian
Equipment &
Auction Company
360-398-2141
meridianeq.com**

**Snohomish
County Tribune
(360) 568-4121
www.snoho.com**